

Interviewing Your Partner

Early in a relationship, we are keen to learn as much as possible about our partner. Over time, either that interest dwindles, or we believe we know everything about them.

As Stone writes, “keep playing detective with your partner no matter how well you think you already know them” (Stone, 2019).

Ask one another the following questions and make a note of the answers in the spaces provided. Your aim is to display curiosity and show that you are interested in hearing what they have to say:

1. Do you tend to be early, on time, or fashionably late?

2. Do you prefer to be hot or cold?

3. Saturday night with ten acquaintances or a Sunday morning with a best friend?

4. Are you a morning or an evening person?

5. Do you prefer some background noise or peace and quiet?

6. Do you think of yourself as an introvert or an extrovert?

7. What is your favorite newspaper, magazine, or blog?

8. Do you prefer working with your head or hands?

9. If there were a fire in the house, what one thing would you grab?

10. If you could have dinner with five people, past or present, who would they be?

11. What would you ask each of your dinner guests?

12. If you could have any superpower, what would it be and why?

Keep the answers; they may come in useful later to think of a gift, surprise activity, or add more depth to the times you share.

Reference

- Stone, R. (2019). *Relationship workbook for couples: A guide to deeper connection, trust, and intimacy for couples young and old*. [Kindle DX version]. Retrieved from <https://www.amazon.com/dp/B07Q6Z7CJF/>

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