

Reflection on Group Activities

Reflection is equally important in group tasks as individual tasks. The table of questions is for an educational or therapy setting to assess the success and learnings from a group activity.

Work individually or in a group to summarize the group activity by completing the following:

Name / Date
Who was in the group?
These are the things that went well in our group today...
These are the things that didn't go well in the group today...
Next time we might try to...
Overall, I give the group X out of 5 stars today...