

## If I Could Talk to You One Last Time...

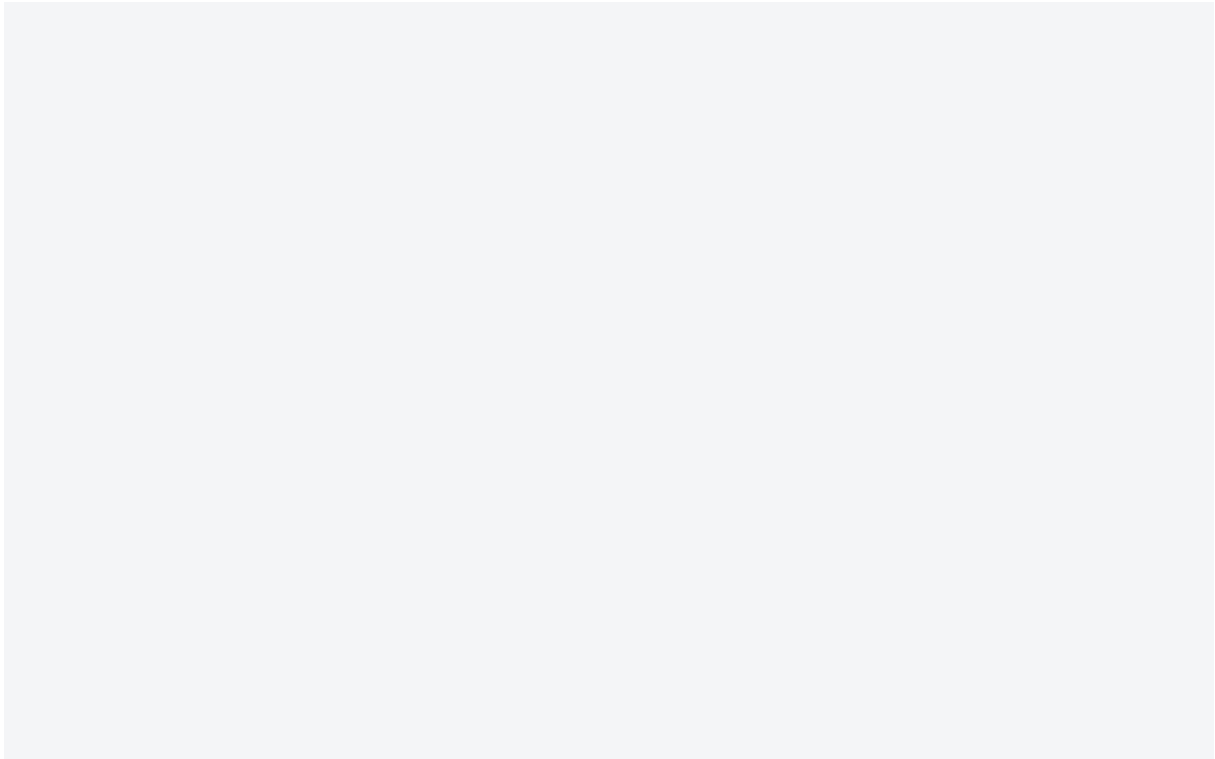
Have you ever pictured what you would say to your loved one if you saw them again? Consider your emotions when you reflect on this statement and finish the prompts below.

My favorite things about the person I lost were:

|    |  |    |  |
|----|--|----|--|
| 1. |  | 2. |  |
| 3. |  | 4. |  |

Did you ever tell them that you appreciated these things? Even if you did, tell the person what you appreciated the most about them:

Imagine this person is right in front of you. Recount a memory that stands out to you or describe an event that you shared together.



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