

Mental Status Exam and Behavioral Observations

Client Name:		D.O.B.	Age:	Sex:
Ethnicity:	Occupation:	Living Circumstances:		

Tick All that Apply:

GENERAL					
Appearance					
Hygiene	Average		Unclean		Malodorous
Clothing-Grooming	Average, Appropriate		Unkempt, Disheveled		Atypical
Physical Characteristics	Weight:		Health:		Unusual
	- Average		- Good		
	- ↑		- Frail		
	- ↓				
	Unique marks (tattoos)		Body type-build		Physical Disabilities
General Behavior & Mood					
Eye contact:	Yes - Appropriate		Sometimes		No Inappropriate: staring
Posture:	Relaxed		Slumped		Rigid
Motor Activity	Agitated, Fidgety Restless, Pacing		Decreased, Slowed. Psychomotor retardation		Unusual: Tics, Tremors mannerisms, gestures

Facial Expression	Fear, Anxious		Sadness, Depression		Unusual, Atypical	
	Anger, Hostile		Joy, Reflective		Absence of feelings	
Speech Volume	Appropriate, Audible		Soft, Mute		Loud	
Speech Rate	Appropriate, Controlled		Rapid, Pressured, Slow		Deliberate, Monotonous	
Speech Quantity	Appropriate, Concise		Monosyllables. Minimal		Detailed, Elaborate	
Speech Quality	Appropriate, Clear		Stutters, Slurred, Mumble,		Impediments – ESL	
State of Consciousness	Alert		Lethargic, Drowsy, Stupor		Unresponsive, Even to pain	
Attitude Towards Interviewer	Cooperative, Open Genuine. Attentive		Control, Domineering		Oppositional/ Provocative Hostile	
	Overly Compliant		Suspicious, Guarded		Resistant, Evasive	

FEELINGS

Predominate Mood: How do you feel most days?	Reflective		Euphoric		Elevated	
	Depressed, Dysthymic		Angry		Irritable, anxious	
Affect: Range of Emotional Expression	Broad and appropriate		Restricted, limited range		Blunted	
	Flat		Inappropriate		Labile, tearful, crying	
Appropriateness of Affect to Thought Content	Mostly congruent		Sometimes congruent		Not congruent	

PERCEPTION					
Hallucinations (no stimulus is present).	None		Auditory: Do you hear voices? Do you follow the voices?		Visual: Do you see things others do not see?
	Olfactory: Smells that others do not smell		Gustatory: Do you have unexplained taste sensations?		Other:
Illusions (misperceived stimulus)	None		Present		Describe:
Derealization: Sense of detachment from one's world/ environment.	None		Present		Describe:
Depersonalization: Sense of detachment from one's sense of self. Often an experience of anxiety.	None		Present		Describe:
Astereognosis	Identifies by touch		Does not identify object		Describe:

THOUGHT PROCESSES					
Stream of Thoughts					
Productivity	Average		Overabundance		Paucity
	Spontaneous		Needs prompting		Mixed
Continuity	Goal Directed, Logical, Perceptive		Relevant – Irrelevant to question asked		Loose associations, Rambling
	Perseveration or Repetition of thoughts		Effort to go from thought to thought		Tangential

Continuity	Blocking, Vacant stare		Flight of ideas		Circumstantial or Roundabout Thinking	
Language and Speech impairment:	Neologisms (makes up new words)		Word Salad (incomprehensible speech)		Clang associations (meaningless word rhymes)	
	Anomia: Difficulty naming objects		Apraxia: Difficulty carrying out sequential speech		Echolalia (word echoing) Incoherent	
	Aphasia: Impairment of language, affecting the production or comprehension of speech and the ability to read or write.					

Content Of Thoughts

Preoccupation	Obsessions Compulsions		Phobias. Paranoia. Persecution		Suicidal thoughts Wanting to harm self.	
	Somatic concerns: Intrusive worries about disease or defects.		Repetitive thoughts-worry		Aggressive or homicidal thoughts. Wanting to harm others.	
Thought Disturbances	Delusions: false beliefs: Do you have thoughts that others find strange?		Ideas of reference: Behaviors of others refer to oneself (ex: The person on the TV is talking to me personally)		Thought broadcasting (belief that others can hear one's thoughts)	
	Magical thinking		Confabulation (made-up explanations)		Grandiosity	
	Jealousy		Religious		Thought insertion by others	
Executive Function	Abstract thinking		Concrete thinking		Describe:	

Information processing, intelligence and Formal and Informal Education	Fund of knowledge:	Vocabulary:	Self-expression:
	- High	- High	- High
	- Average	- Average	- Average
	- Low	- Low	- Low
	Completed: Grades 1-12	BA, MA, PHD.	Informal:
Attention	Average	Distractible	Hyper-vigilant
Concentration*	Average	Brief	Deficient

*Example count back from 100 in increments of 7 or back from 20 in increments of 3 and so forth.

ORIENTATION (x3, x 4)

Oriented: Time Do you know the time?		Oriented: Person Do you know your name?		Oriented: Place Do you know where you are?		Oriented: Circumstances Do you know why you are here?	
Yes	No	Yes	No	Yes	No	Yes	No

MEMORY

Immediate Memory: <i>Past few hours or minutes</i>	Average	Below Average	No Data
Recent memory: <i>Recent past or day/month</i>	Average	Below average	No Data
Remote Memory: <i>Childhood or past HX</i>	Average	Below average	No Data

IMPULSE CONTROL

Control of Impulses. <i>Do you think before acting or do you act before thinking?</i> History of	Hostile-aggressive impulses		Gambling or other impulses		No Data	
	Yes	No	Yes	No		

JUDGMENT/SOCIAL JUDGMENT

Does the individual notice proper behavior? Moral development. <i>Questions such as if you found a wallet in supermarket, what would you do?</i>	Good Average		Poor None		No Data	
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INSIGHT

The degree of awareness of one's strengths and/or limitations	Good. Full awareness of one's strengths and/or limitations		Fair. Some awareness of one's strengths and/or limitations		Poor. Little or no awareness of one's strengths and/or limitations	
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RELIABILITY OF REPORT

Is the person a good self historian?	Good		Fair		Poor	
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OTHER COMMENTS

Examiner's Signature:	
Date:	

Dr. Jeffrey Gaines