

## Problem-solving

Imagining an existing or potential problem and working through how to resolve it can be a powerful exercise.

Use the following boxes to state a problem and goal and consider the obstacles in the way.

Then explore options for achieving the goal, along with their pros and cons, to assess the best action plan.

**Briefly describe the problem/situation:**

**Realistically state your goal:**

**Describe (up to) three obstacles in the way:**

1.	
2.	
3.	

**Describe three alternative ways to achieve your goal, including pros and cons:**

	Alternative ways	Pros	Cons
1.			
2.			
3.			

**Choose the option with the best 'pros' and least (or weakest) 'cons' and state your action plan.**

Option:

How will you proceed?