

Responsible Decision Making for Children

Making decisions can be stressful, and not making one can be the worst of all. After all, our decisions often have social implications, so we want to make the right choice.

The following questions prompt the child to reflect on the likely social implications of their choices and how to show respect to themselves and others.

Ask the child to consider the following:

What decisions do I have to make?

Do I have all the information needed to make the decision?

Is there anyone that might help make this decision?

What choice am I considering?

What will be the likely consequences of my actions or behavior?

Will this choice be in line with my values and beliefs? Why yes, or no?

Are there any other options I should consider?

The important decisions we make can have a far-reaching impact. We should give ourselves time to gather information, consider the options and their impact, and seek the help needed.

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