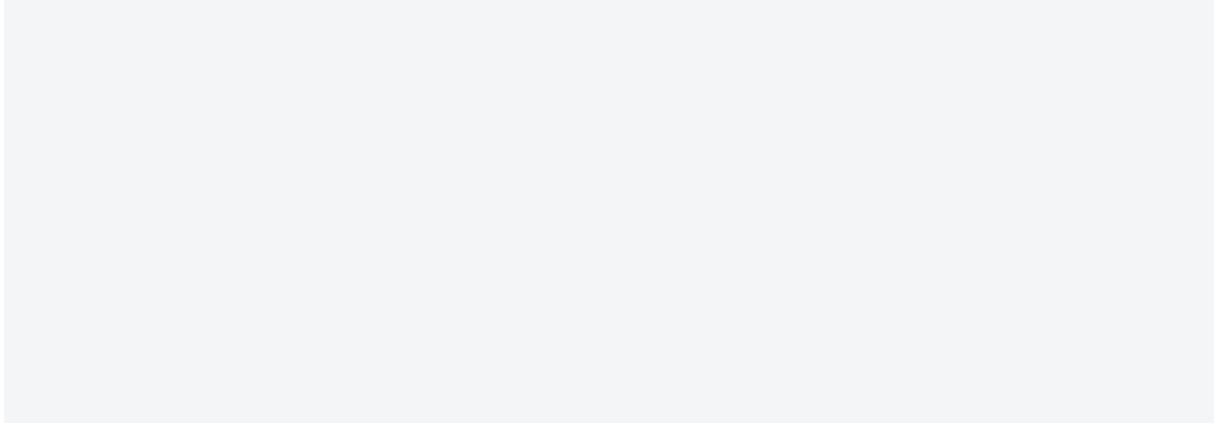
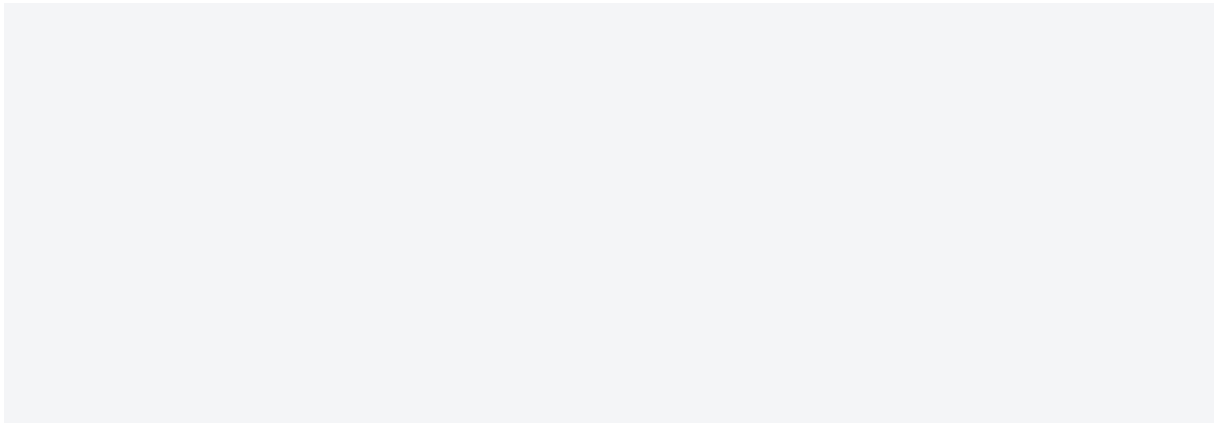


Remaining Calm During Conflict - II

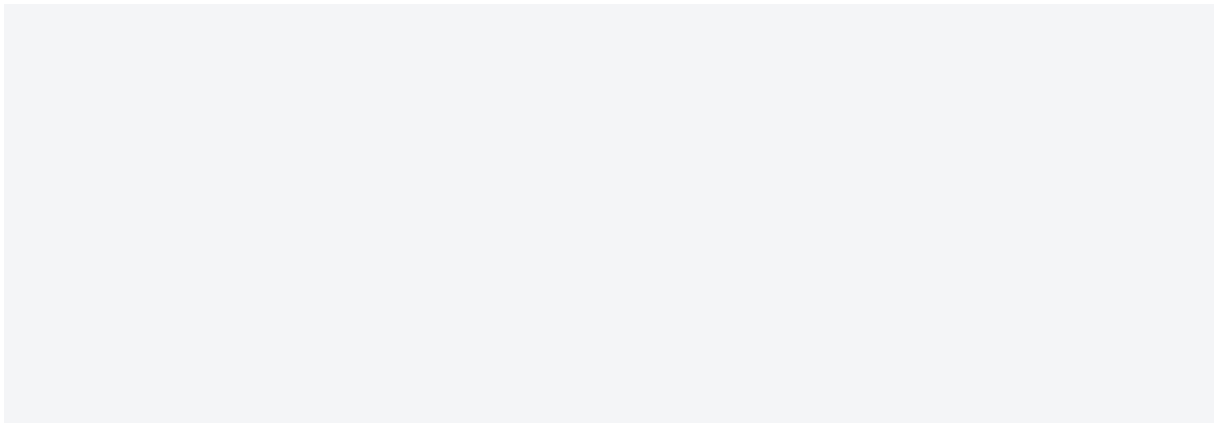
Describe a time when you were involved in a conflict at work and DID NOT remain calm.



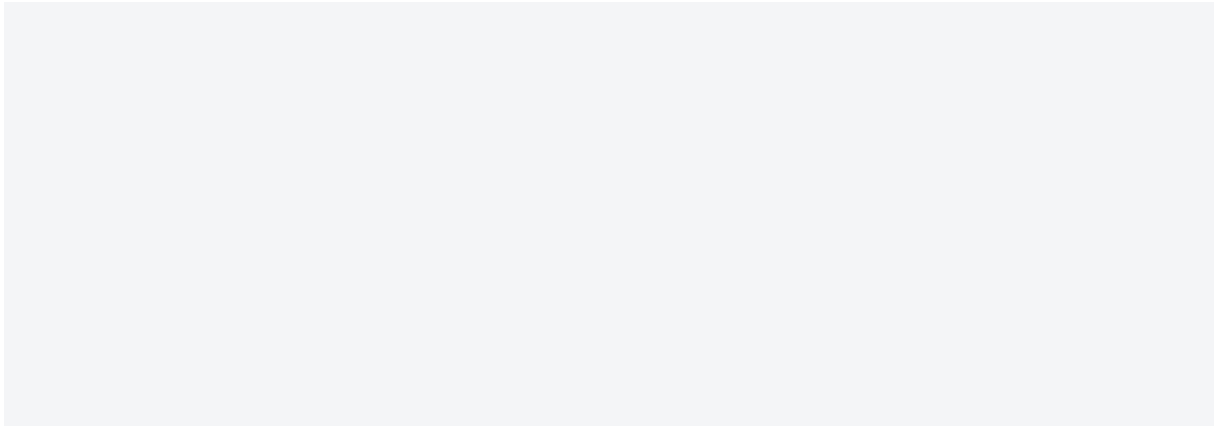
How did you feel afterwards?



Describe a time when you were involved in a conflict at work and DID remain calm.



How did you feel afterwards?



If you are willing, share your essays with others in the room.

Dr. Christina R. Wilson