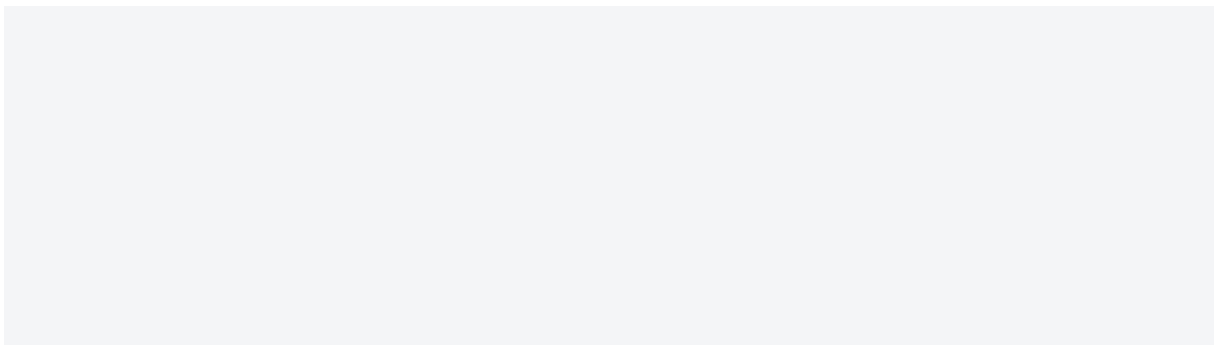


## Instructional Coaching: Beginning the Journey

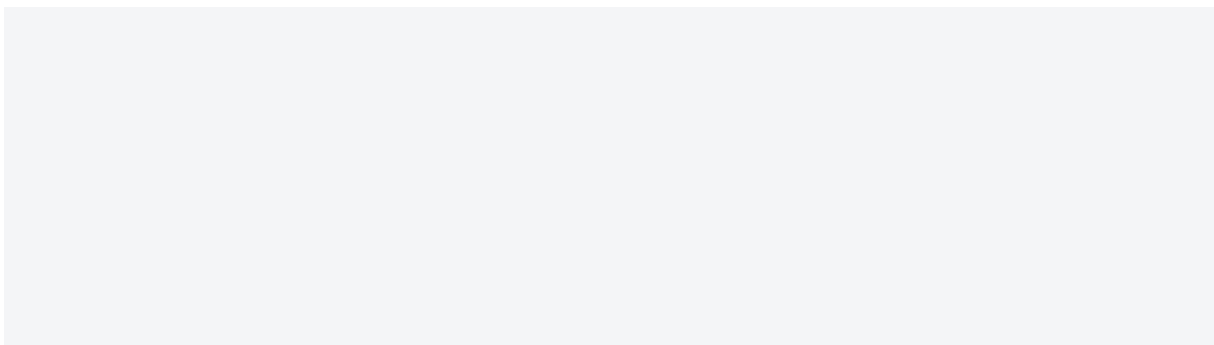
Whether new to instructional coaching or a seasoned coach, it is vital to reflect on *where* to start the journey and *how* to begin (Eisenberg, Eisenberg, & Charner, 2017).

Use the following questions to reflect on as you start planning your sessions (modified from Eisenberg et al., 2017):

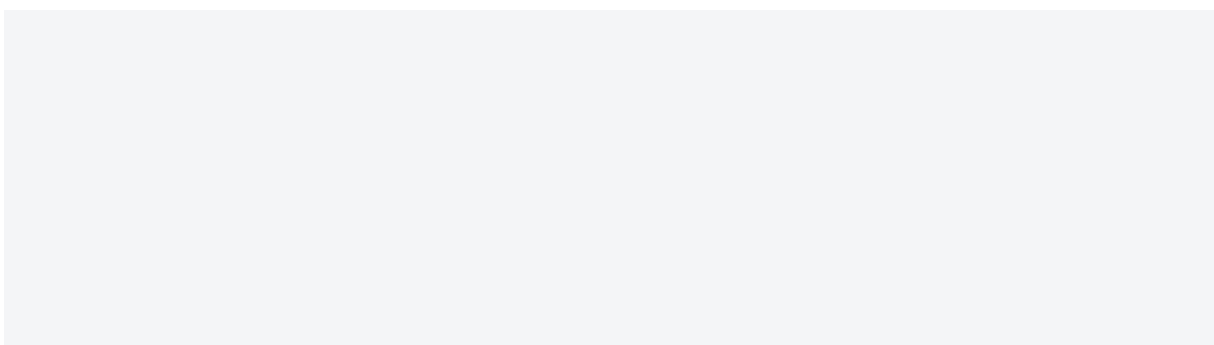
What are the initial steps to take when planning coaching sessions with teachers?



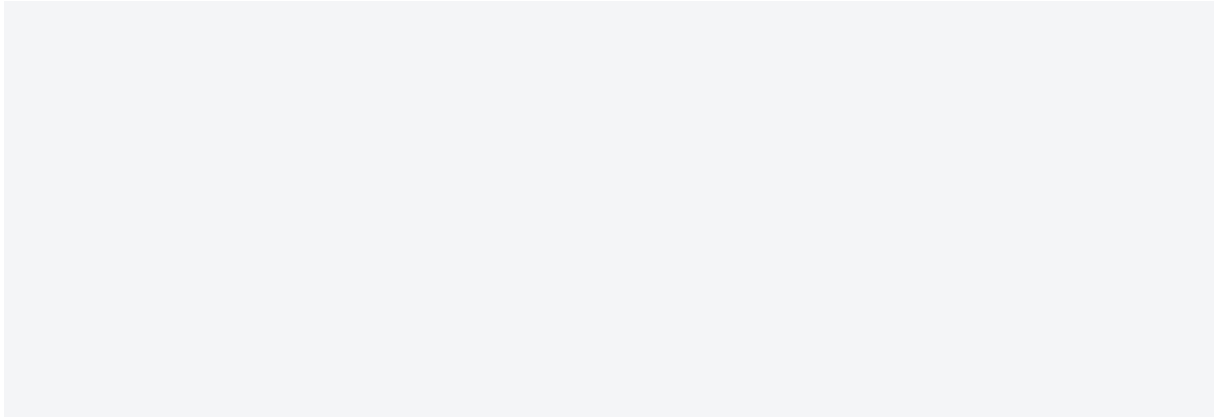
How can I clearly define the role of an instructional coach?



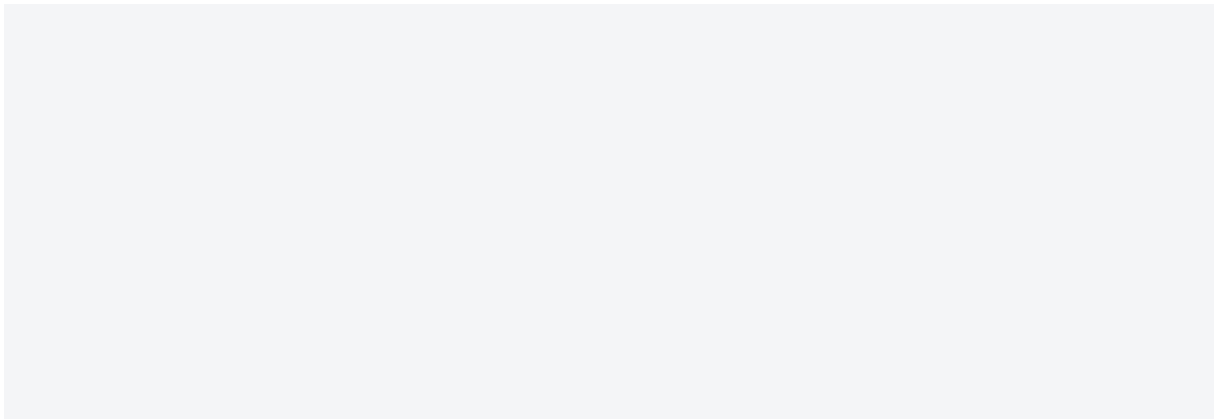
How can I encourage teachers to embrace coaching and build trust, particularly with those who may be resistant?



How can I motivate teachers facing challenges to experiment with new approaches without feeling inadequate?



What methods can I use to evaluate the success of my coaching efforts?



## References

- Eisenberg, E. B., Eisenberg, B., P., Medrich, E. A., & Charner, I. (2017). *Instructional coaching in action: An integrated approach that transforms thinking, practice, and schools*. ASCD Association for Supervision and Curriculum Development.