## Life Coaching Business Model Plan

Use the following template to create a draft of your Life Coaching Business Model Plan.

We provide some sample text for an online life coaching business targeting mid-career people who feel stuck and lack direction:

Business Identity: "Clarity Life Coaching"

**Target Client:** Our target clients are individuals who feel stuck, lost, or uncertain in their personal or professional lives. We focus on individuals in their mid-career or those experiencing significant life changes such as divorce or career transitions.

**Client Pain Points:** Our clients struggle with a lack of direction, feeling overwhelmed, with a lack of clarity about their goals and values. They may feel stuck in unfulfilling jobs or relationships and experience a high degree of stress or anxiety.

**Your Solution:** Clarity Life Coaching provides personalized coaching services to help individuals clarify their values, goals, and priorities. Our coaching process helps clients identify their strengths and areas for improvement, develop a plan to achieve their goals and overcome obstacles that may stand in their way. We use various coaching techniques, including goal-setting, visualization, and cognitive-behavioral therapy.

**Your Competition:** Several life coaching businesses in the local area provide similar services, but our unique on-line approach and personalized coaching services set us apart from the competition. We focus on a highly customized coaching experience tailored to each client's needs.

**Revenue Streams:** Our revenue streams include one-on-one coaching sessions, group coaching sessions, and workshops on topics such as goal-setting and stress management.

**Marketing Activities:** We use online advertising, social media marketing, and partnerships with local businesses and community organizations. We also attend local events and conferences to promote our services and network with potential clients.

**Expenses:** Existing and future expenses include rent for our coaching space, coaching materials, advertising and marketing costs, and attending events and conferences.

**Team and Their Key Roles:** The team will consist of one life coach responsible for providing coaching services, managing client relationships, and handling administrative tasks such as scheduling and billing.

Milestones: Initial thoughts on milestones include:

- Launching the business and securing our first clients within the first three months
- Expanding our client base by 25% within the first year
- Increasing revenue by 35% within the first year
- Hosting a successful workshop or seminar within the first six months of operation

Goal: Help mid-career individuals gain clarity and direction and achieve their personal and professional goals.

Dr. Jeremy Sutton