



CURRICULUM

Ultimate EFT Certification



CAREER OPTIONS FOR CERTIFIED EFT PRACTITIONERS

Work with clients in...

- » a Private Practice
- » Schools and Organizations
- » Group Facilitations and Company Retreats
- » Yoga Studios
- » Drug and Addiction Centers
- » Weight Loss Clinics
- » Hospitals and Wellness Centers

24 CE CREDITS

available during required attendance at EFT Professional Skills Training & Skills Practice Intensive

American Nurses Credentialing Center's Commission

Accreditation Council for Continuing Medical Education

VIDEO AND TEXT COURSES

Students move through Modules 1-6 at their own pace, engaging with digitized reading, video lessons, downloadable exercises, and quizzes to test their knowledge. Students who commit to 2-3 lessons per week (approximately 4-6 hours per week) finish within the required 12-month timeline.

MODULE 1: Genetics of Personal Transformation

- T1 Epigenetic Healing
- T2 The Ultimate Epigenetic Engineer
- T3 The Malleable Genome
- T4 The Body Piezoelectric
- T5 The Connective Semiconducting Crystal
- T6 Belief Therapy
- T7 Entangled Strings
- T8 Scanning the Future
- T9 Writing Miracles! on Every Prescription Pad
- T10 Energy Psychology
- T11 Your Happy Genes
- T12 Tapping a World of Healing

MODULE 2: Practice of Energy Psychology and EFT

- T1 Introduction to the EFT Manual
- T2 Inspiring Stories and Compelling Evidence
- T3 The Science Behind EFT
- T4 The Basic Recipe
- T5 How to Use EFT for the Five Major Life Areas: Relationships, Health, Work, Money, Spirituality
- T6 Common Questions, Comments, Problems
- T7 The Gentle Techniques for Trauma
- T8 Breaking the Habit of Being Yourself
- T9 Working with Special Populations
- T10 Professional Practice Techniques
- T11 Confronting Massive Human Suffering: Humanitarian Work and Research
- T12 The Full Basic Recipe

MODULE 3: Professional Ethics

- T1 Difference Between Psychology and Coaching
- T2 Ethics Handbook
- T3 Creating Healing Relationships

MODULE 4: Psychology of Coaching

- T1 Biology of Personal Transformation
- T2 Basics of Coaching Psychology
- T3 Use the Mind to Change the Brain
- T4 Core Coaching Competencies
- T5 Stages of Change
- T6 Use Appreciative Inquiry in Your Coaching Practice
- T7 Nonviolent Communication and Motivational Interviewing
- T8 Self Esteem, Self Confidence, Self Efficacy
- T9 Using Assessments and Learning Styles
- T10 Visioning and Goal Setting
- T11 Set Points and Breakthroughs
- T12 Structure of Coaching Session / Sessions Forms
- T13 Peak States and Thriving

“Education of the highest quality. This will change my life and my practice.”

~ Renny Rogers, LCSW



CURRICULUM (cont.)

VIDEO AND TEXT COURSES (cont.)

MODULE 5: The Art of Delivery

This module gives you in-depth video training on the art of delivering EFT. What does masterful EFT look like? Tap along with practitioners:

- Tap Along: Childhood Trauma
- Tap Along: Pain & Injury
- Tap Along: Core Beliefs
- Tap Along: Childhood Bias and Stereotyping
- Tap Along: Physical Symptoms Rooted in Childhood
- Tap Along: Money and Worth

MODULE 6: Energy, Trauma and Healing

- T1 Quick Start
- T2 Psychological Trauma and PTSD: Its Roots in Body, Brain and Memory
- T3 Energy Healing
- T4 Working with Traumatized Clients: Key Concepts and Techniques

PRACTICUM COURSES

MODULE 6 (cont.): Mentoring and Written Practicum

Mentoring # 1: Healing the Past Through the Present

In Mentoring #1, you share your first set of 10 session summaries. You work with fellow students, practice clients, or current clients to practice Clinical EFT techniques that let you work through specific aspects of triggering events. You also complete your first 5 sessions of personal work, releasing your own blocks.

Mentoring #2: Memory Reconsolidation

In your second set of 10 sessions, you practice EFT techniques that explore core beliefs, goals, self-sabotage, and Gentle Techniques for trauma. You complete your second 5 sessions of personal work.

Mentoring #3: Professional Practice Techniques

In your third set of 10 sessions, you practice more advanced EFT techniques that address physical pain and symptoms, addictions and cravings and Eye Movement Desensitization. You complete your final 5 sessions of personal work.

Mentoring #4: Refining Your Skills

Your fourth and final set of 10 sessions refines skills identified by your mentor. You can opt to practice leading groups, working with children, or releasing the root cause of phobias like public speaking or flying.

Live Immersive Workshops and Live Calls

FIRST PRACTICUM WORKSHOP (virtual or in-person attendance):

Attend EFTUniverse's 4 Day Professional Skills Training to observe and practice all 48 Clinical EFT Techniques and strategies with other future practitioners.

WHEN: Attend any time before beginning Module 6

WHERE: Multiple dates and locations, virtual or in-person (cost reimbursed)

SECOND PRACTICUM WORKSHOP (virtual or in-person attendance):

Attend EFT Universe's 2 Day EFT Practice Intensive to refine your skills with future practitioners. This workshop allows time for full practice sessions.

WHEN: After submitting your first round of case histories to your mentor

WHERE: Multiple dates and locations, virtual or in-person (cost-reimbursed)

MONTHLY LIVE Q&A and SKILLS PRACTICE CALLS

Dawson Church and mentors host a monthly Q&A video call on popular student-selected topics. Past topics include Grief, Womb Trauma, Working with Teens, Addiction, Pain, etc. Our EFT Universe mentors also lead a monthly video call where you can practice EFT techniques as a group.

WHEN: Varied times monthly. All calls recorded and available to students on-demand.

CLINICAL EFT CAREER PROGRAM

Ready to Enroll?

If you're ready to start your certification journey, take the first step during our bi-annual enrollment window. We accept new students in the Fall and Spring.

During open enrollment, you have three payment options.

Payment Options

- » One-Time Payment
- » Two Consecutive Payments
- » 12 Monthly Payments

ENROLL HERE

Questions?

Please read our FAQs on the certification page to find answers.

If you still have questions, please email us at:

certificationhelp@eftuniverse.com

