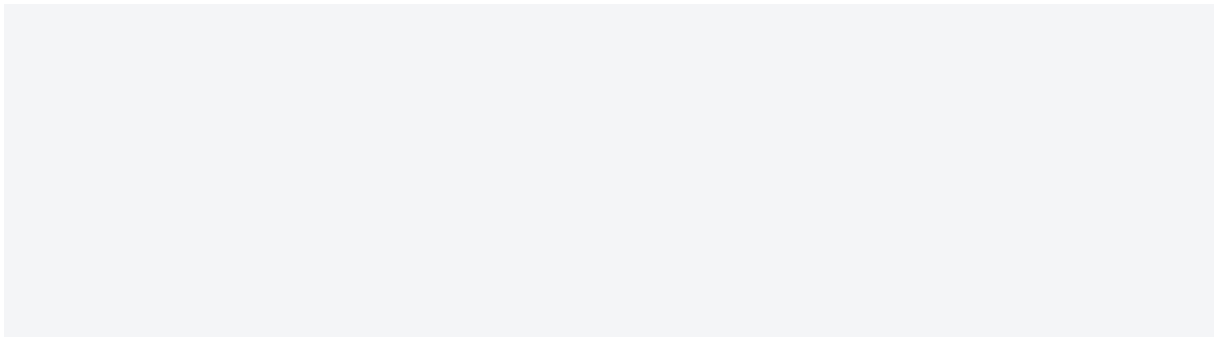


# Personal Development Plan - Opportunities for Development

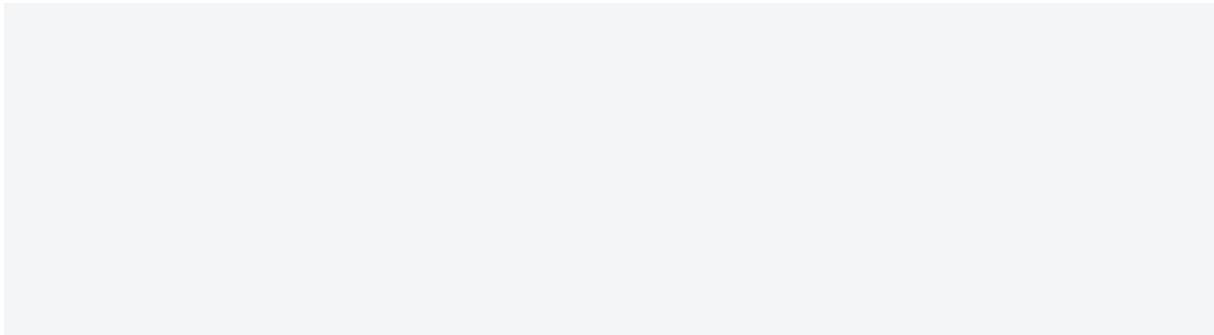
This PDP template combines short and long-term goal setting with a self-assessment of strengths, weaknesses, and development opportunities.

## 1. Goals and Objectives:

Short-term goals

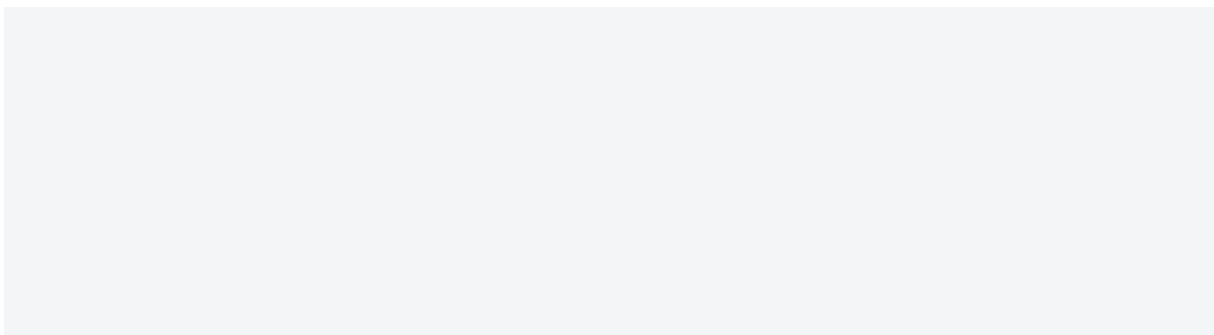


Long-term goals

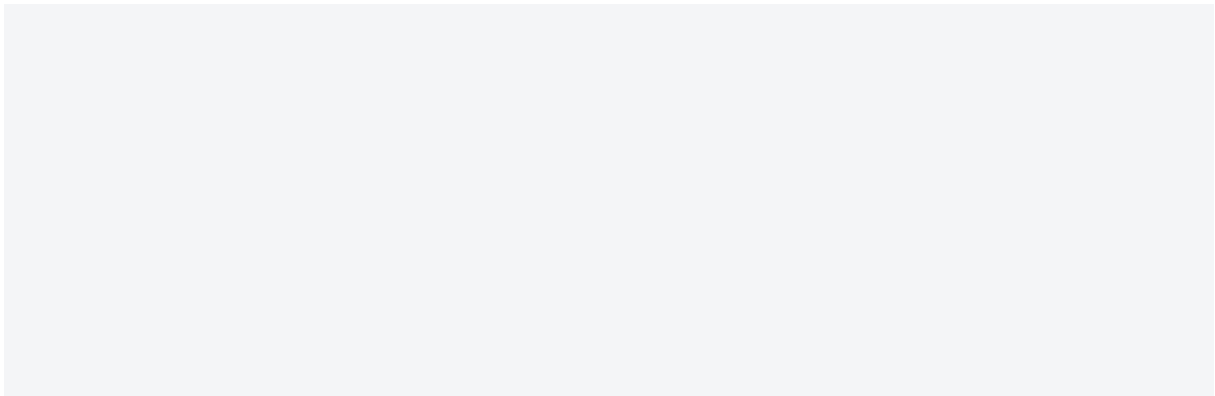


## 2. Self-Assessment:

Strengths

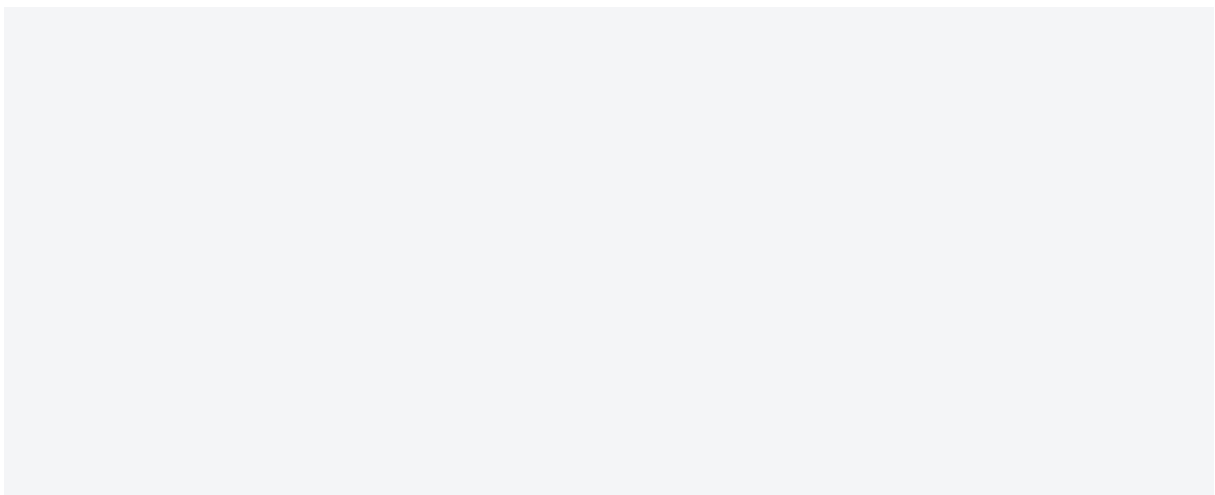


Weaknesses

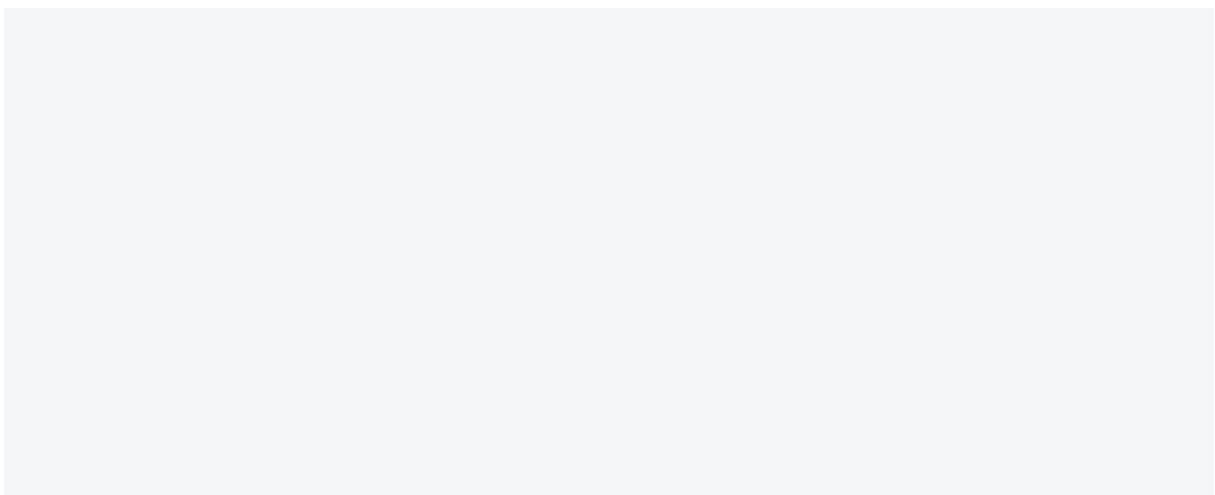


**3. Development Areas:**

Skills to improve



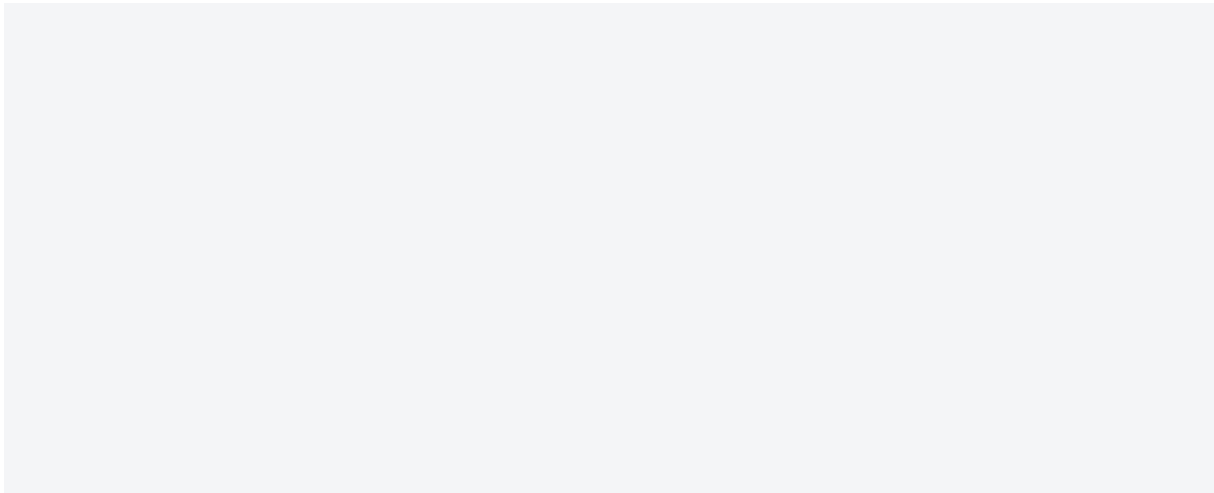
Knowledge to acquire



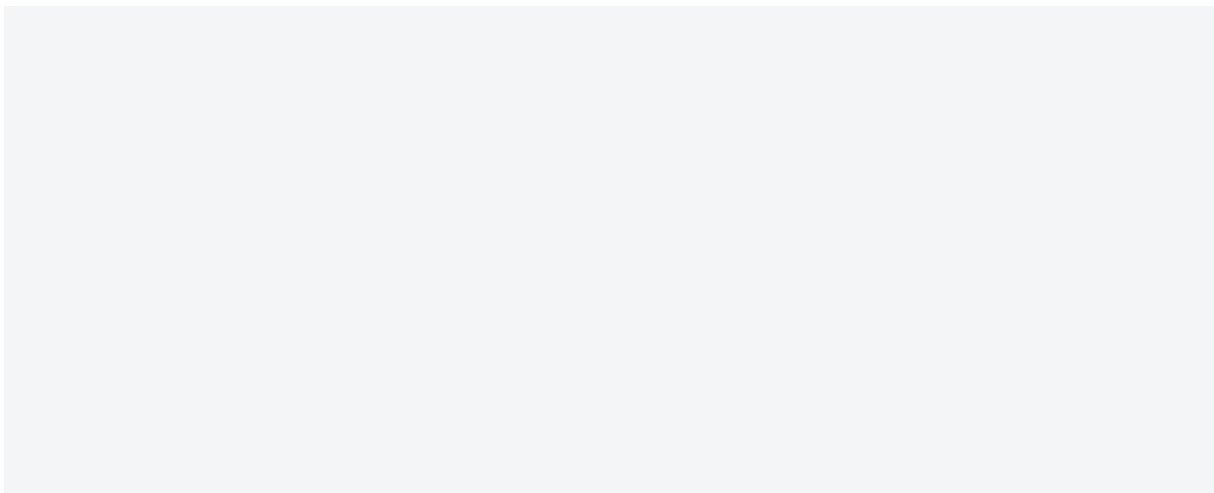
#### 4. Action Steps:

Consider the above answers: Where do you want to focus your time and energies first?

Specific actions



Timeline



Dr. Jeremy Sutton